

## **JEROME S BLACKMAN, MD**

101 NORTH LYNNHAVEN ROAD, SUITE 204  
VIRGINIA BEACH, VIRGINIA 23452  
757-463-3000  
JBLACKMANMD@AOL.COM

### **ABBREVIATED CURRICULUM VITAE**

REVISED APRIL 9, 2017

#### **CURRENT FACULTY APPOINTMENTS**

**PROFESSOR OF CLINICAL PSYCHIATRY**, Eastern Virginia Medical School, Norfolk, 1997-  
**PSYCHIATRY RESIDENCY FACULTY**, Naval Regional Medical Center, Portsmouth, Virginia, 1987-  
**TRAINING & SUPERVISING ANALYST**, Contemporary Freudian Society, Washington, D.C., 1995-

#### **HONORS AND AWARDS**

**JEROME S. BLACKMAN, M.D. TEACHER OF THE YEAR AWARD**

Established by *Naval Regional Medical Center – Portsmouth, Virginia* by Psychiatry Faculty and Residents, June 1992. Given yearly to a faculty member for outstanding teaching.

**CLINICAL FACULTY AWARD FOR TEACHING**, *TULANE Medical School, Department of Psychiatry*, 1986.

**TEACHER OF THE YEAR AWARD**, *Eastern Virginia Medical School, Department of Psychiatry*, 1990, 1992, 1993, 1998, 2001, 2005, 2011, 2016.

**TEACHER OF THE YEAR AWARD**, *Portsmouth Naval Medical Center, Department of Psychiatry*, 1991.

**SUPERVISOR OF THE YEAR AWARD**, *Eastern Virginia Medical School, Department of Psychiatry*, 1994.

**EDITH SABSHIN, MD TEACHING AWARD**, *American Psychoanalytic Association*, December 2000.

**HENRY P. AND PAGE LAUGHLIN DISTINGUISHED TEACHER AWARD**, *American Society of Psychoanalytic Physicians*, September 2010.

**25-YEAR TEACHING AWARD**, *Naval Regional Medical Center – Portsmouth, Virginia*. Given by Psychiatry Faculty and Residents, June 2012.

**DR. HENRY P. & M. PAGE LAUGHLIN DISTINGUISHED PRESIDENTIAL GOLD MEDAL AWARD**, *American College of Psychoanalysts*, May 2015.

#### **FELLOWSHIPS**

***Distinguished Life Fellow***  
***Fellow***  
***Fellow***  
***Fellow***

American Psychiatric Association, 2016-  
American College of Psychoanalysts (National Honorary), 2006-  
International Psychoanalytical Association, 2004 –  
American Academy of Psychoanalysis, 1987.

## PUBLICATIONS

### BOOKS

1 (2003) **101 Defenses: How the Mind Shields Itself**. New York: Brunner-Routledge

#### *Translations*

(2011) **101Fangyu**: translated into Chinese by Theophilus Kok (Guo Wen Tao, Hangzhou). Shanghai: East China Normal University Press - East Arastirma Saglik Org, through Routledge, NY.

(2011) **101 Aparari: Cum se autoprotejeazamintea**. Translated into Romanian by Iuliana Diaconu. Bucharest: Editura Trei.

(2012) **Zihnin Kendini Koruma Yollari: 101 Savunma**. Translated into Turkish by Yasemin Yýldýz. Ankara.

(2013) **Zihnin Kendini Koruma Yollari: 101 Savunma**. Translated into Turkish by Oznur Karakas. Edited by Tahir Ozakkas. Istanbul: Psikoterapi Enstitusu Egitim.

(2016) Translated into Farsi by Farzadfar Ghazal. Tehran: Roshd Press.

2 (2010) **Get the Diagnosis Right: Assessment and Treatment Selection for Mental Disorders**. New York: Routledge.

#### *Translation*

(2017 in press) **Get the Diagnosis Right: Assessment and Treatment Selection for Mental Disorders**, translated into Chinese by Zhang Zara & Zhao Cheng. Beijing: Capitol Normal University Press.

3 (2013) **The Therapist's Answer Book: Solutions to 101 Tricky Problems in Psychotherapy**. New York: Routledge.

#### *Translation*

(May 2016). **Solutions to 101 Tricky Problems in Psychotherapy** translated into Chinese by Zhao Cheng Zhi, Beijing.

4 (2016) **Sexual Aggression against Children: Pedophiles' and Abusers' Development, Dynamics, Treatability, and the Law**. With Dr. Kathleen Dring, co-author. New York: Routledge.

### BOOK CHAPTERS

(2001) **On Childless Stepparents**. In: *Stepparenting: Creating and Recreating Families in America Today*. Edited by Stanley Cath & Moisy Shopper. Hillsdale, New Jersey: The Analytic Press, pp. 168-182.

(2011) **Separation, Sex, Superego, and Skype**. In: *The Electrified Mind: Development*,

*Psychopathology and Treatment in the Era of Cell Phones and the Internet*. Edited by Salman Akhtar. Northvale, New Jersey: Jason Aronson.

- (2013) **“Object Clarification” in the Treatment of Lonely Heterosexual Men**. In: *Encounters with Loneliness*. Edited by Arlene Kramer Richards, Lucille Spira, and Arthur Lynch. New York: International Psychoanalytic Books.
- (2014). **Fear of Injury**. In: *Fear: A Dark Shadow across our Life Span*. Edited by Salman Akhtar. London: Karnac. pp. 123-146.
- (2016). **Laziness and its Links to Shame**. In: *Shame: Developmental, Cultural, and Clinical Realms*. Edited by Salman Akhtar. London: Karnac, pp. 115-127.
- (2017 in press). **Ego Psychology, Section 8: Use of Ego Psychology in Diagnosis, Selection of Treatment Modality, and Technique; Section 9: Conclusion**. In: *North American Section, International Encyclopedic Dictionary of Psychoanalysis*, Edited by Eva Papiasvili. UK: International Psychoanalytical Association.

## JOURNAL ARTICLES

- (2017 proposed). **Bad luck, sucking it up, bad judgment, or masochism?** *Forum of the American Academy of Psychoanalysis*.
- (2017 in press). Cao, L., Blackman, J., & Guan, E. **Societal Change and Language Change in China: Language-Switching during Multilingual Dynamic Psychotherapy**. *Psychoanalytic Psychology*.
- (2017). **Es que je dois prendre le bébé dans mes bras** *Topique : Le Psychanalyse Aujourd'hui #135: Bébés et Parents en Difficulté*. [https://www.cairn.info/load\\_pdf.php?ID\\_ARTICLE=TOP\\_135\\_0015](https://www.cairn.info/load_pdf.php?ID_ARTICLE=TOP_135_0015)
- (2016). **Pick up the baby! (Or dire consequences will ensue)**. *International Forum of Psychoanalysis*. <http://www.tandfonline.com/doi/ref/10.1080/0803706X.2016.1195515?scroll=top>
- (2016). **Book Review in Psychoanalytic Psychology 33:651-663:** American Psychiatric Association (2013). *Diagnostic and Statistical Manual of Mental Disorders-5th Edition*. Washington, DC: American Psychiatric Association, Barlow, D., Editor. (2014). *Clinical Handbook of Psychological Disorders: A Step-by-Step Treatment Manual, 5<sup>th</sup> Edition*. New York: The Guilford Press, and Frances, A. (2013). *Essentials of Psychiatric Diagnosis: Responding to the Challenges of DSM-V*. New York: The Guilford Press.
- (2014) **Defense Mechanisms in the 21<sup>st</sup> Century** (reprinted in a shortened version). *Washington*

*Psychiatrist* 16-20. Winter Edition. [http://www.dcpsych.org/pdfs/newsletter/WPMagazineWinter2014\\_rev1.pdf](http://www.dcpsych.org/pdfs/newsletter/WPMagazineWinter2014_rev1.pdf)

(2012) **Book Review:**

Volkan, V. (2011). *Psychoanalytic Technique Expanded: A Textbook on Psychoanalytic Treatment*. Istanbul: OA Publishing. *American Journal of Psychoanalysis* 72: 195-201.

(2011) **Defense mechanisms in the 21<sup>st</sup> century.** *Synergy* 16:1-7. Kingston, Ontario: Queen's University Medical School Department of Psychiatry. <http://psychiatry.queensu.ca/assets/Synergy/Spring2011.pdf>

(2003) **Dynamic supervision concerning a patient's request for medication.** *Psychoanalytic Quarterly* 72:469-476.

(2000) **Bizet's *Carmen* on the couch.** *Virginia Opera Voice*. Fall 2000.10

(1997) **Teaching psychodynamic technique during an observed analytic psychotherapy interview.** *Academic Psychiatry* 35:148-154. <http://ap.psychiatryonline.org/data/Journals/AP/2495/148.pdf>

(1994) **Psychodynamic techniques during urgent consultation interviews.** *Journal of Psychotherapy Practice & Research* 3: 194-203.

(1991) **Intellectual dysfunction in abused children.** *Academy Forum* 35:7-10.

(1987) **Character traits underlying self-neglect and their connection with heart disease.** *Journal of The Louisiana State Medical Society* 139(2): 31-34.

## REVIEWER OF BOOKS

Routledge Publisher, Division of Taylor and Francis, New York, 2004-

*American Journal of Psychoanalysis* 2011-

Karnac Books, London, England 2015-

Pitchstone Publishing, Charlottesville, VA 2014-

## NATIONAL AND INTERNATIONAL CERTIFICATIONS

### MEDICINE

National Board of Medical Examiners, 1972: No. 120380.

Federal Licensing Examination, 1971.

### PSYCHIATRY

American Board of Psychiatry & Neurology, 1980: No. 20277.

### PSYCHOANALYSIS

New Orleans Institute of the American Psychoanalytic Association, 1984.

New York (Contemporary) Freudian Society - International Psychoanalytical Association, 1994.  
Board on Professional Standards, American Psychoanalytic Association, 1995.  
Confederation of Independent Psychoanalytic Societies, 2016.

## **POSITIONS IN PROFESSIONAL ORGANIZATIONS**

### **AMERICAN COLLEGE OF PSYCHOANALYSTS, 2006-**

*President, 2014-2015*

*President-Elect, 2012-2014*

### **VIRGINIA PSYCHOANALYTIC SOCIETY, 1987-**

*President, 1994-1996; 2012-2014*

### **TORONTO INTERNATIONAL PSYCHOLOGICAL CENTRE, 2015-**

*Chair, North American Teachers Group, 2017-*

### **TIDEWATER ACADEMY OF PSYCHIATRY 1987-**

*President, 1991-1992*

### **AMERICAN PSYCHOANALYTIC ASSOCIATION, 1975-**

*Committee on Psychiatry Residency Education, 2009-*

### **VIRGINIA BEACH MEDICAL SOCIETY, 1986-**

*Medical-Legal Liaison Committee, 1989-*

### **PSYCHOANALYSTS OF HAMPTON ROADS (VIRGINIA), 2007-**

*Charter Member & Secretary, 2007-*

### **CHINA AMERICAN PSYCHOANALYTIC ALLIANCE, 2007-2014**

*Board of Directors, 2008-2010.*

*Instructor (through videoconferencing), Analytic Theory, Technique, and Child Development, 2008-2012.*

*Director, Advanced Course in Psychoanalytic Theory and Technique, 2010-2012.*

## **EDUCATION AND PROFESSIONAL TRAINING**

**Cornell University** College of Arts & Sciences, Ithaca, New York: 1964-1967.

**Tulane Medical School**, New Orleans, Louisiana: M.D. 1971.

**Charity Hospital, New Orleans:** Internship Certificate 1972.

**Louisiana State University Medical School, New Orleans, Department of Psychiatry:**  
Residency Certificate, 1975.

**New Orleans Psychoanalytic Institute:** Certificate in Psychoanalysis, 1984.

## ***Selected* SCIENTIFIC PRESENTATIONS**

**Pick up the Baby!** Presented at 2-Day Symposium on the First Year of Life, **Infant-Parent Disturbance: Theory and Therapy**. Presented by *The Margaret S. Mahler Psychiatric Research Foundation* and *Association Internationale Interaction de la Psychanalyse*; co-sponsored by the *International Psychoanalytical Association* and the *American College of Psychoanalysts*. Paris, France, November 13-14, 2015.

**Videoconferenced Seminars on Psychoanalysis and Case Supervision.** *Medical Staff, Zhong De Mental Hospital*, Wuhan, China (wuhan zhong de xin li yi yuan, 武汉忠德心理医院). November 2015-January 2016; March – May 2016; June – August 2016 . Sept 2016 – March 2017.

**10 Videoconferenced Lectures on Child, Adolescent, and Adult Development.** Kangning Psychotherapy Hospital, Wenzhou, China. Translated live by Theophilus Kok (Guo Wen Tao, Hangzhou, China). April – July, 2016.

*Xin* **20 Videoconferenced Lectures on Psychoanalytic Theory, Defense Mechanisms and Technique.** Meng, Shanghai, China. Translated live by Theophilus Kok (Guo Wen Tao, Hangzhou, China). April –September, 2016.

**12 Videoconferenced Lectures on Child and Adolescent Development from a Psychoanalytic Perspective.** Shi Jia Zhuang, China. Translated live by Wu Chunyan (Toronto, Canada). April – August 2016.

**Parenting at Different Stages of Development with an Eye toward Preventing Internet Gaming Addictions in Children.** *Chinese Classical School of Medicine*, Markham, Ontario, May 19, 2015.

**Depressions, Diagnosis, and Treatment Techniques.** Visiting Lecturer, *Lingyu International Psychological Center*, Toronto, Canada. May 20, 2015.

**5-Day Course on Psychoanalytic Diagnosis and Treatment.** *Oriental Psychological Institute*. Beijing, China. May 24-28, 2012

**Parenting at Different Stages of Child Development.** *Fu Dan Medical University*. Shanghai, China, May 29, 2012

*Medical* **Full-Day Course on Defensive Operations, Functional Deficits, and Treatment.** *Zhe Jiang School*. Hangzhou, China. June 2, 2012.

**Multimodal Psychoanalytic Diagnosis.** *World Psychiatric Association*. Florence, Italy. April

2009.

**Visiting Lecturer**, *Shanghai Mental Health Center, Jiao Tong Medical School*. Shanghai, China. March 2009, presented **Defenses in Diagnosis and Treatment; Case Supervision**.

**Visiting Lecturer**, *Peking University Department of Psychology*. Beijing, China. March 2009.  
Presented

**Why Men Have Extramarital Affairs.**

**Case Supervision; and**

**Defenses: What are they, how do you find them, and what do you do with them?**

**Visiting Lecturer**, *China-American Psychoanalytic Alliance Study Group*. Beijing, China.  
March 2009.

**Psychoanalytic Multisystem Diagnosis and Treatment Selection.** *Poster: International Psychoanalytical Association*. Berlin, Germany 2007.



## NATIONAL (UNITED STATES)

*Presenter, DSM-5, Diagnosis, Personality Disorders, and Clinical Practice. Annual Meeting, American*

*College of Psychoanalysts, Boston, July 21, 2015. Panel with Drs. John Gunderson, John Oldham, Norman Clemens, Jessica Brown, Aileen Kim, and Eric Plakun.*

**Interpretation, Medication, or Support: Three Lectures.** Invited Speaker on **Psychiatric Diagnosis,**

**Defensive Operations, and Psychodynamic Technique.** *Washington, DC Psychiatric Society. September 2013.*

**Difficult Problems in Psychotherapy.** *American Society of Psychoanalytic Physicians, Washington, D.C. Sept 23, 2012.*

**Masochism and Self-Destructive Behavior.** *Grand Rounds, SUNY-Buffalo Medical School, Department of Psychiatry. Sept 14, 2012.*

**Diagnosis and Treatment Selection using *Get the Diagnosis Right: Assessment and Treatment Selection for Mental Disorders.*** Presented at: *Contemporary Freudian Society, Inaugural Lecture*

*To Fellows and Faculty. Washington, D.C., May 2011.*

**Psychoanalytic Theories versus Countertransference in Determining Treatment Selection: Medication, Dynamic Treatment, or Mixtures.** Thirteenth Annual Alice H. Kiessling Memorial Lecture, for the *American Society of Psychoanalytic Physicians, Washington, D.C. Chapter and MedChi, The Maryland State Medical Society. Washington, D.C., September 26, 2010.*

**Defenses: What are they, how do you find them, and what do you do with them?** Grand Rounds, *State University of New York at Buffalo Medical School, Department of Psychiatry, Buffalo, NY, March 2010.*

**Psychiatric diagnosis using the *Diagnostic and Clinical Manual (Blackman, 2002).*** Analytic Study Group, *Upstate Medical Center, Syracuse, NY. November 2006.*

**Defense mechanisms: their use in diagnosis, treatment, and suicide risk assessment.** Grand Rounds, *Upstate Medical Center, Syracuse, NY. November 2006.*

**Freud & beyond – an in-depth look at psychoanalytic theory, or: What your parents didn't tell you because they didn't know.** *Massachusetts Institute of Technology Educational Studies Program. Cambridge, MA. November 2004.*

## STATE

(Nov 8, 2017 Planned). **Psychoanalytic Concepts In Psychiatry.** *Akhtar-Brenner Lectureship, Jefferson Medical College, Philadelphia, Pa.*

**Differential Diagnosis of PTSD.** Part of Day-long panel on **PTSD and Combat.** *Virginia Psychoanalytic Society Winter Meeting, Wyndham Hotel, Virginia Beach, VA. With Norman Camp, MD, Aileen Kim, MD, and Benjamin Carey, MD. February 11, 2017*

**Laziness.** *Virginia Psychoanalytic Society, Richmond, VA. March 18, 2016.*

**Current Views on Dreams.** With J. Anderson Thomson, M.D. *Virginia Psychoanalytic Society, Richmond, September 2014.*

**Child Sexual Predators: Etiology, Pathology, Problems with Treatment, Legal Issues.** With Kathleen Dring, JD, PsyD. *Virginia Psychoanalytic Society, Richmond. October 2013.*

**Tricky Problems in Psychotherapy.** *Psychiatric Society of Virginia. Richmond, March 23, 2013.*

**Why men have extramarital affairs.** *Virginia Psychoanalytic Society, Richmond, September 2009.*

**Balancing clinical judgment and countertransference in the prescription of psychotropic medication.** *Psychiatric Society of Virginia Annual Meeting. Roanoke, October 2009.*

**Psychoanalytic diagnosis and erotic transference.** *Richmond Psychiatric Society. November, 2008.*

**Neurosis: pathology and analytic treatment.** *With Sheldon Bach, Ph.D. Virginia Psychoanalytic Society Annual Meeting, Charlottesville, VA. April 2006.*

**Psychodynamic techniques in the initial interview.** *Sentara Mental Health Services. Newport News, VA. 2003.*

**Dreams from the standpoint of a psychoanalyst.** *Chesapeake Bay Sleep Society Annual Meeting, 2003.*

#### LOCAL (NEW ORLEANS, LOUISIANA AND HAMPTON ROADS, VIRGINIA)

**Autoimmune Disorders and Psychiatric Problems.** *Grand Rounds, Sentara Virginia Beach General Hospital, August 2016*

**Why Women have Affairs.** *Grand Rounds, Sentara Virginia Beach General Hospital, May 2016.*

**Pick up the Baby!** *Grand Rounds, Sentara Virginia Beach General Hospital, September 2015.*

**Psychopathology in Patients with Serious Medical Pathology.** *Grand Rounds, Sentara Virginia Beach General Hospital, September 2015.*

**Laziness: Pathological and Clinical Implications.** *Grand Rounds, Sentara Virginia Beach General Hospital, March 2015.*

**Neuroses that Disappeared from the DSM-IV and DSM-5.** *Grand Rounds, Sentara Virginia Beach General Hospital. September 2014.*

**Different Depressions, Different Treatments.** *Grand Rounds, Department of Internal Medicine, Eastern Virginia Medical School, Norfolk, VA. November 2012.*

**Difficult Patients.** **With** Gregory J. Warth, MD, FACP. *Grand Rounds, Sentara Virginia Beach General Hospital. November 2011.*

**Dynamic techniques in suicide risk assessment: beyond standard questions, demographics, and rating scales.** *Grand Rounds, Eastern Virginia Medical School Department of Psychiatry. April 2007.*

**Differential Diagnosis of Post-Traumatic Stress Disorder.** *Grand Rounds, Sentara Virginia Beach General Hospital, October 2006; and Grand Rounds, Sentara Bayside Hospital January 2007.*

**Neurosurgical and psychiatric management of a patient with congenital kyphoscoliosis, Von Recklinghausen's neurofibromatosis, acute spastic paraplegia and depression with psychotic elements.** *Virginia Beach General Hospital Grand Rounds with Peter Klara, M.D., 1989.*

**Trials, Triggers & Treatment: The psychiatric problems of psoriasis patients.** *Tulane Medical Center Psoriasis Symposium, New Orleans, 1984.*

### **Selected GUEST LECTURES**

**Defense Mechanisms.** Guest Lecture in Professor Taryn Myers's Course on Abnormal Psychology, *Virginia Wesleyan College, February 18, 2016.*

**3-hour Workshop on Diagnosis, Defenses, and Dynamic Treatment:** Invited Speaker, *Naval Medical*

*Center-Portsmouth, Department of Psychiatry. September 2015.*

**Elements of Forensic Psychiatric Evaluations.** *Dr. Robert Archer's Class on Forensic Psychology, Virginia Consortium Program in Clinical Psychology, November 2012*

**Images in Art and Psychoanalytic Theory.** *Old Dominion University, Introduction to Art, Professor Agnieszka Whelan, December 2010.*

**Superego and Ego Ideal Conflicts of Entrepreneurs.** *Massachusetts Institute of Technology Entrepreneurs Club. Cambridge, MA. February 2009.*

**The first year of life/ the preschool years.**<sup>1st</sup> *Lutheran Church, Norfolk, with Susan H. Stones, LCSW, FIPA. October 2008.*

**Supportive vs. Interpretive therapy.** *Virginia Consortium Psychology Doctoral Program(Old Dominion University, College of William and Mary, Norfolk State University, & Eastern Virginia Medical School), 1994- 2010.*

**History of psychoanalytic theory from 19<sup>th</sup> century Freud to the 21<sup>st</sup> century.** Richard Oberdorfer's 10<sup>th</sup> Grade Class on Modern European History, *Norfolk Academy.* August 2004.

## **PSYCHIATRIC CONSULTANT TO**

VIRGINIA WORKER'S COMPENSATION, 2000-

KAUFMAN & CANOLES, LLC 1989-

FURNISS, RASHKIND, & SAUNDERS, 1992-

VANDEVENTER BLACK, 2006-

NORFOLK PUBLIC SCHOOLS, 2005-

CITY SAFETY DIRECTOR, NORFOLK, 1990-

VIRGINIA BEACH POLICE DEPARTMENT. 1998-2001.

CHILD ABUSE & FOSTER CARE UNITS, Virginia Beach Social Services, 1988-1990.

ASSOCIATED CATHOLIC CHARITIES, NEW ORLEANS 1980-86

STATE OF LOUISIANA VOCATIONAL REHABILITATION, 1976-86

STATE OF LOUISIANA CHILD PROTECTION CENTERS & FOSTER CARE AGENCIES, 1977-86.

## **MEDICAL LICENSURE**

Virginia: No. 0101040358

## **PRIVATE PRACTICE**

Hampton Roads, Virginia, 1986-

New Orleans, Louisiana, 1975-1986.

Williamsburg, Virginia, 1993-1995.

## PAST FACULTY APPOINTMENTS

**Consultant/Instructor**, Tulane School of Social Work, New Orleans, 1975-1980.

**Instructor** in Psychiatry, Charity Hospital of New Orleans, 1975.

**Clinical Assistant Professor of Psychiatry** Tulane Medical School, New Orleans, 1981-1986.

**Clinical Assistant Professor of Dermatology & Psychiatric Consultant**, Tulane Medical Center Psoriasis Center, New Orleans, 1983-1986.

**Associate Professor of Clinical Psychiatry**, Eastern Virginia Medical School, Norfolk, 1987-95

**Adjunct Associate Professor of Psychology**, Virginia Wesleyan College, 1991-97.

**Psychology Internship Faculty**, Naval Medical Center, Portsmouth, Virginia, 1992-2003.

**Clinical Assistant Professor of Psychiatry**, East Carolina University Medical School, NC 1999.

**Adjunct Professor of Psychology**, Virginia Wesleyan College, Norfolk, 1997-2010

**Adjunct Professor of Psychology**, Old Dominion University. Norfolk, 1990

**Instructor in Psychiatry**, 3<sup>rd</sup> and 4<sup>th</sup> year medical students, St James Medical School, 2016-2017

## MILITARY SERVICE

**Louisiana Army Reserve National Guard**, 1972-1980. MAJOR, MC. Honorable Discharge.